SERA

Student Emotion Regulation Assessment

School Data Report

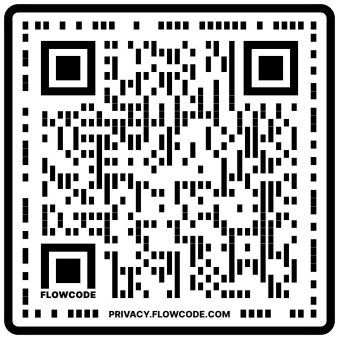
School Name: Hogwarts

Report Date: November 2023

Yale University

User Guide

SERA User Guide



Scan for SERA User Guide

Here is the SERA user guide for educators. It provides more information about the assessment itself, including (a) descriptions and examples of the 8 emotion regulation strategies, (b) computation and interpretation of emotion regulation strategy profile and response distribution, and (c) debriefing of data reports with school staff and/or adolescent students.

Student Sample

Here are tables showing the number of students at your school who are included in this report. Remember that the following groups of students are excluded from this report:

(1) Student who did not provide informed assent (i.e., non-participation).

(2) Students who did not correctly answer 85% of the comprehension check questions that they completed (i.e., inattention).

(3) Students who completed the assessment in less than 50% of the median time for their grade level (i.e., speeders)

To ensure student confidentiality, data is provided only when at least 10 students of an aggregated level (e.g., per grade level, classroom, or demographic group) participated in the SERA and met the data quality criteria indicated above.

Grade Level

	Number
Grade 6	53
Grade 7	264
Grade 8	186
Grade 9	1
Total	504

Gender

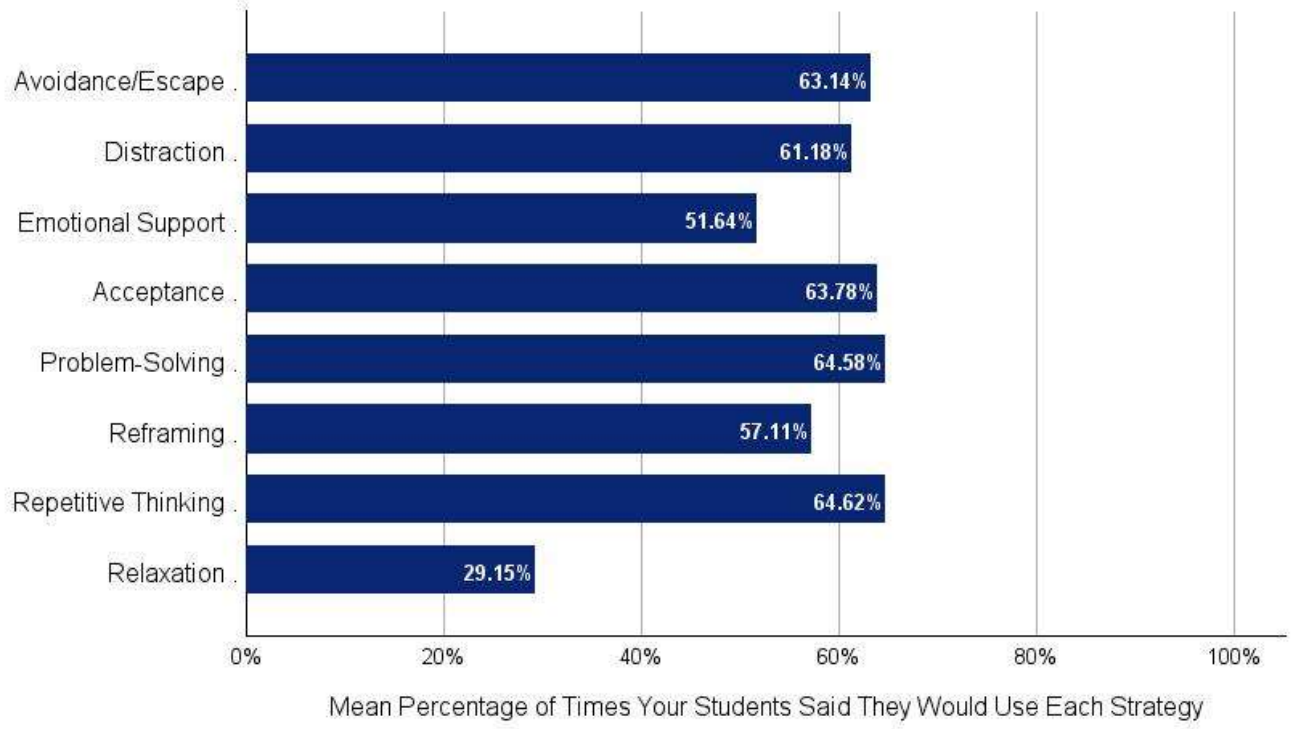
	Number
Male	205
Female	275
Non-binary	10
I prefer not to say	14

Race*

	Number
American Indian / Alaska Native	9
Asian	33
Black / African American	151
Hispanic / Latine	228
Middle Eastern / North African	7
Native Hawaiian / Pacific Islander	1
White	141
I prefer not to say	15
I do not know	13

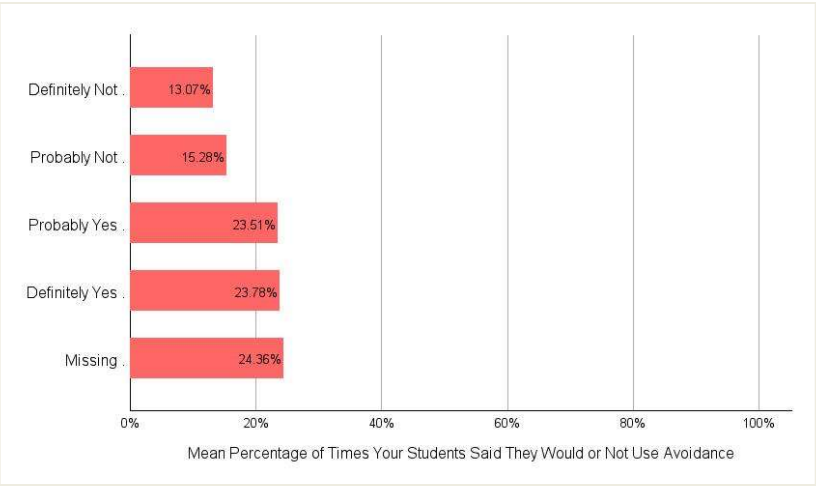
*Students who identify as a race whether they be mono-racial or multi-racial

Strategy Profile by School

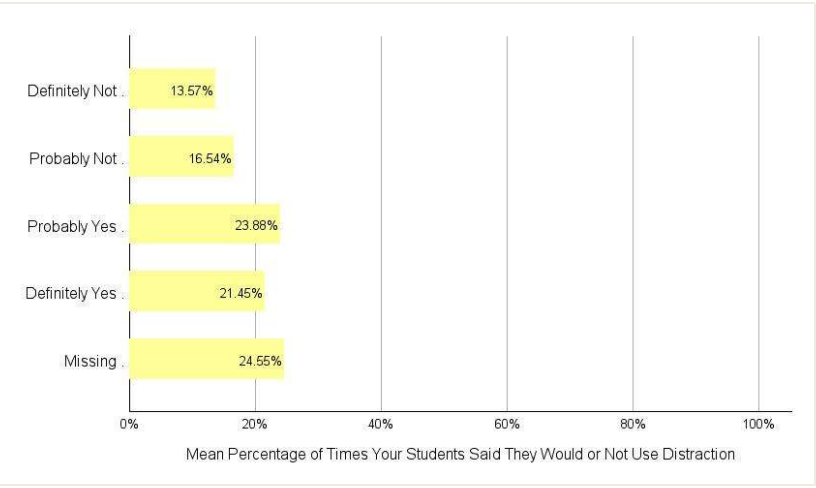


Response Distribution by School

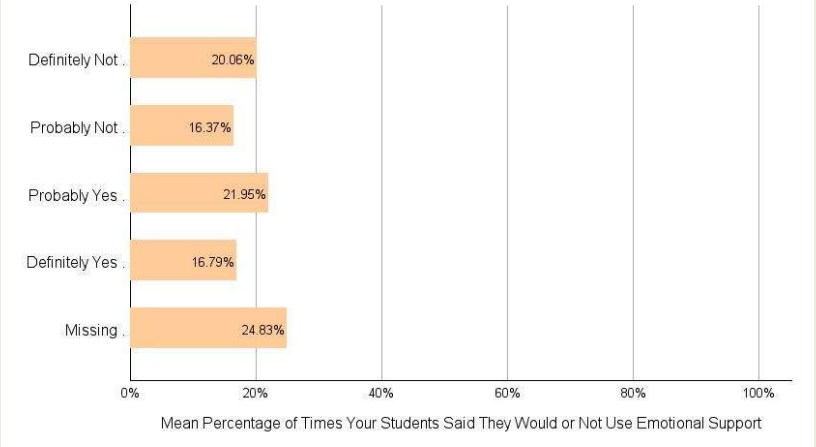
Avoidance / Escape



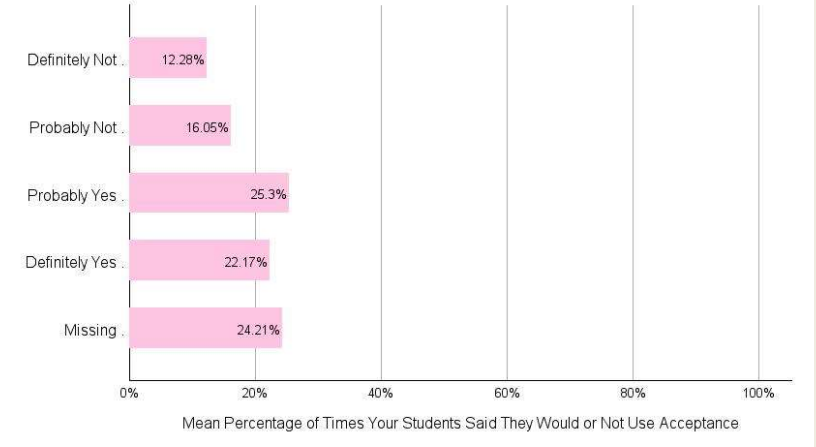
Distraction



Emotional Support

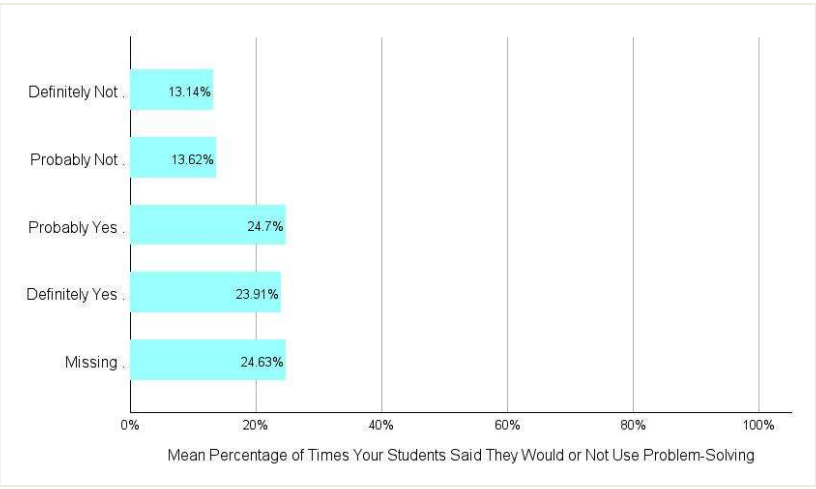


Acceptance

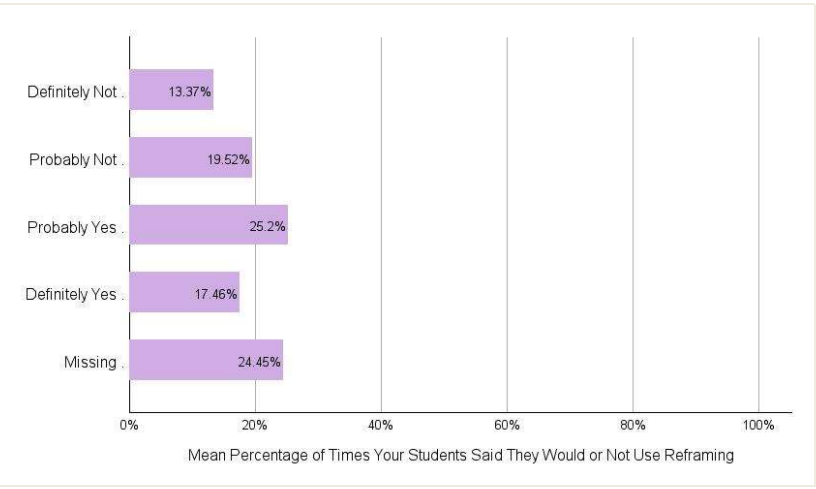


Response Distribution by School

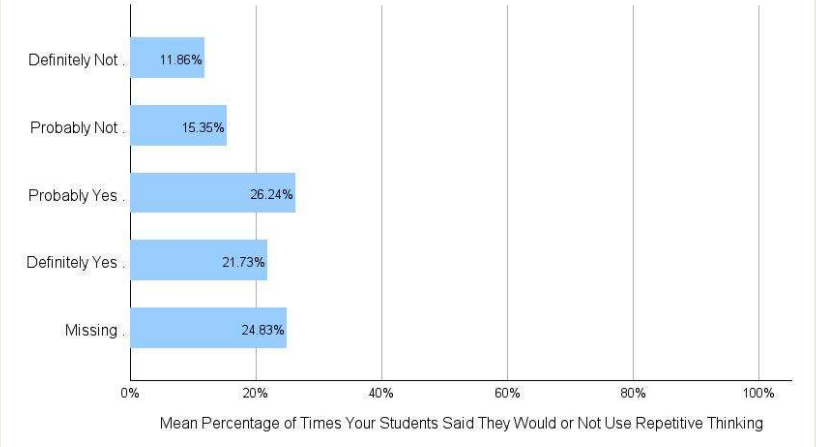
Problem-Solving



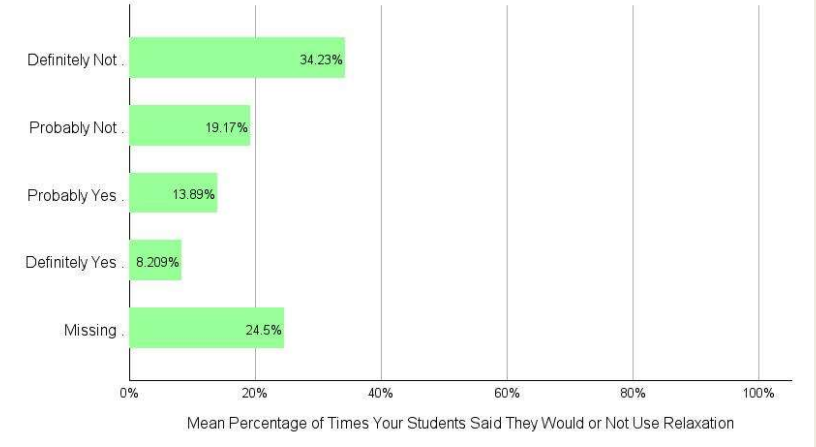
Reframing



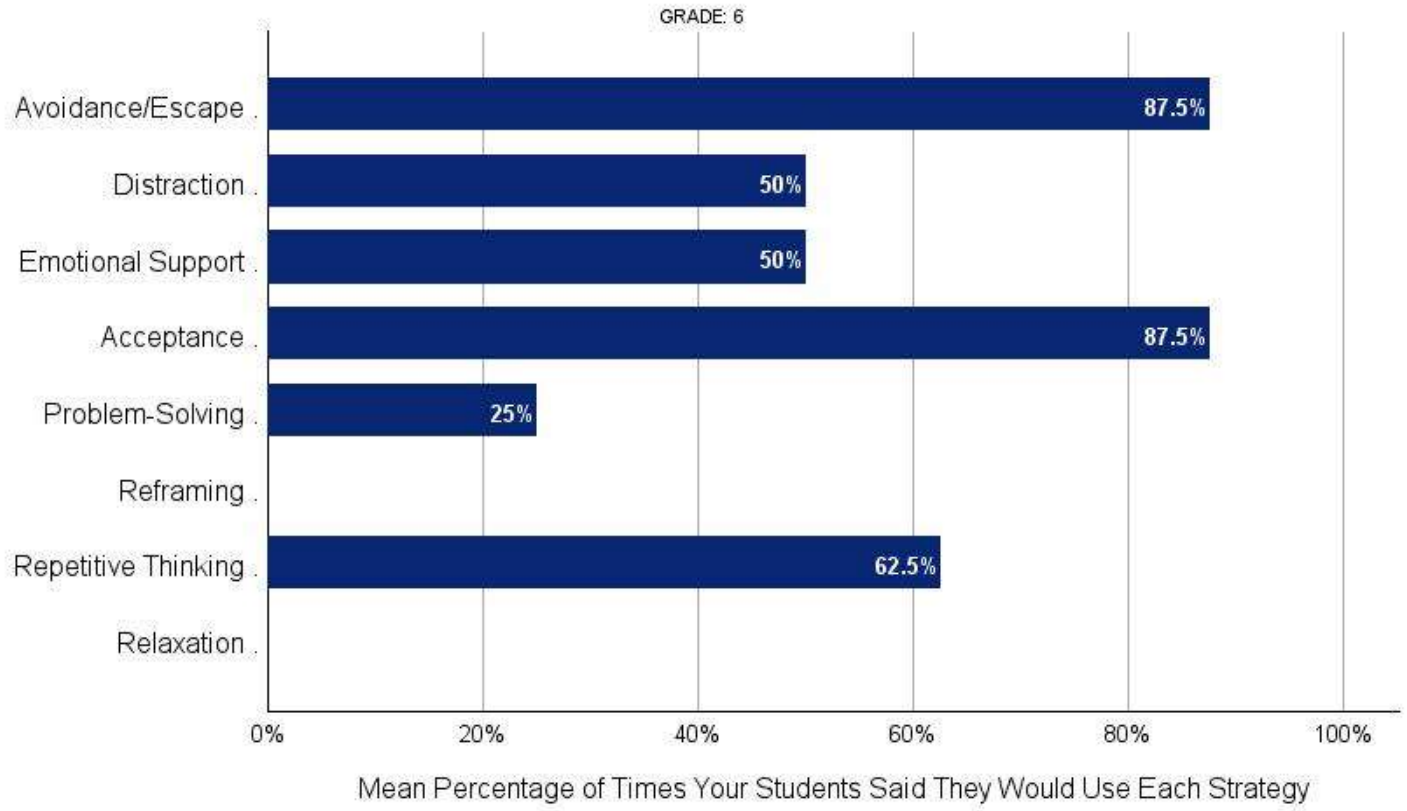
Repetitive Thinking

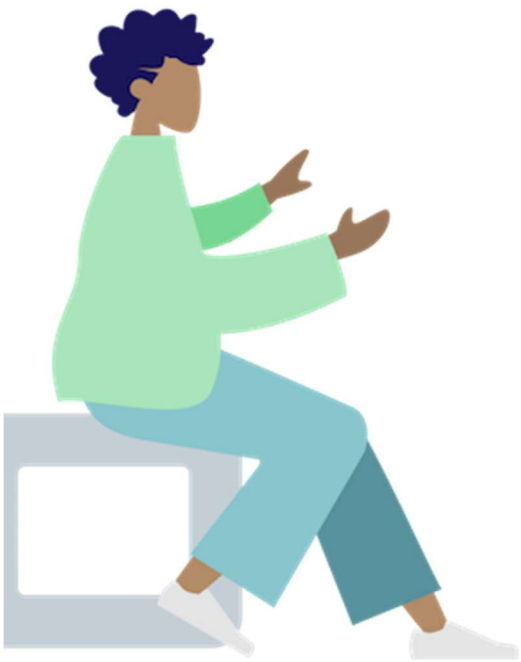


Somatic Relaxation



Strategy Profile by Grade





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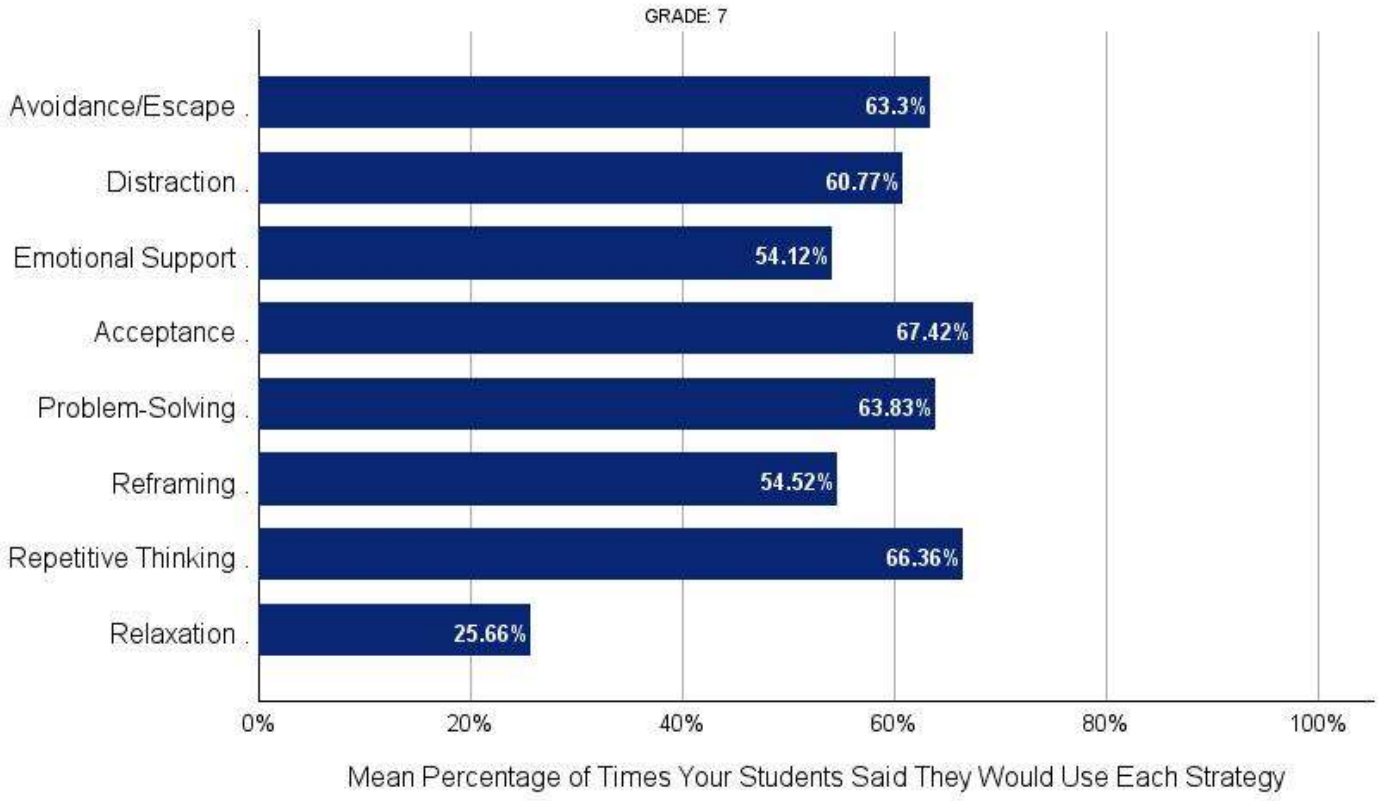

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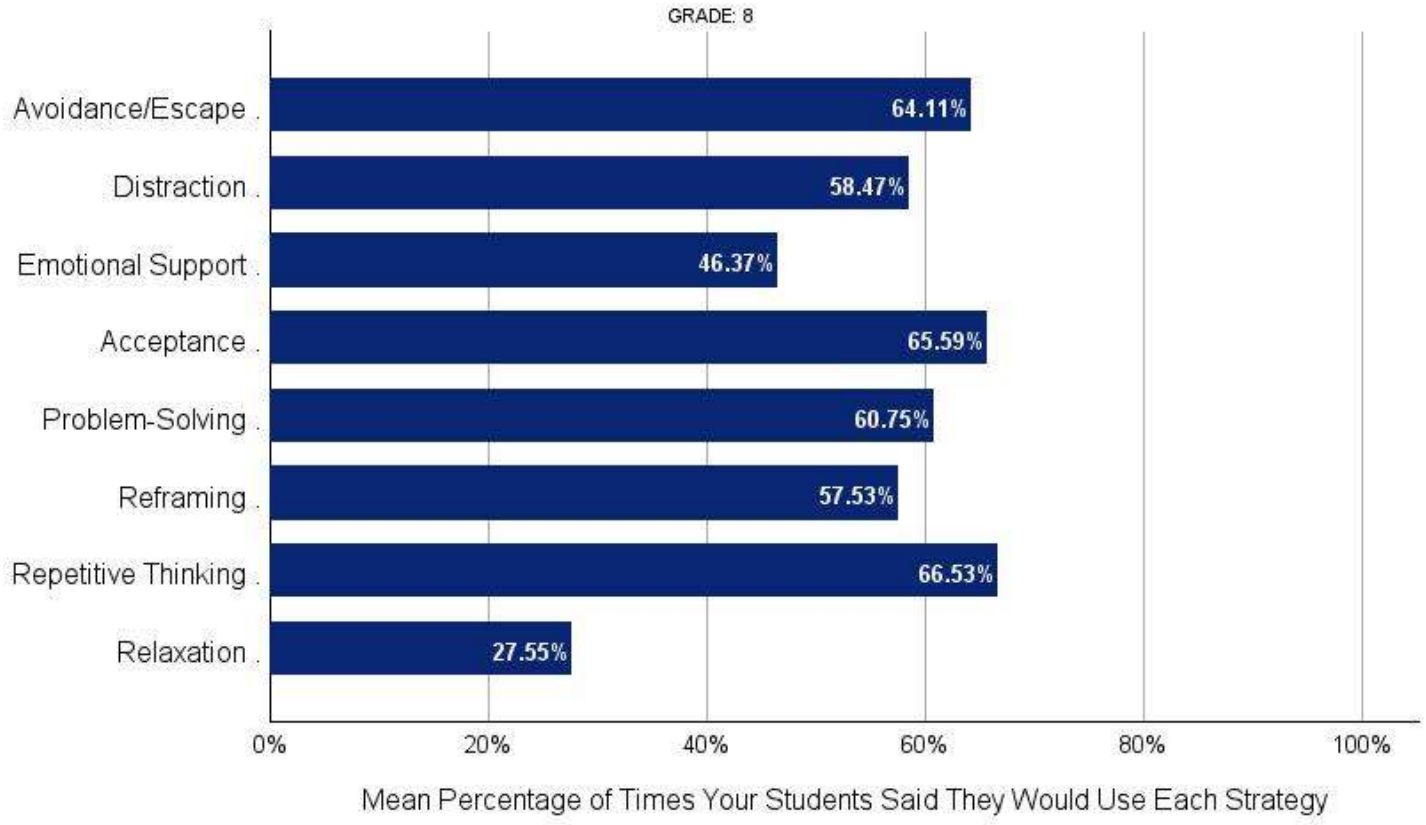
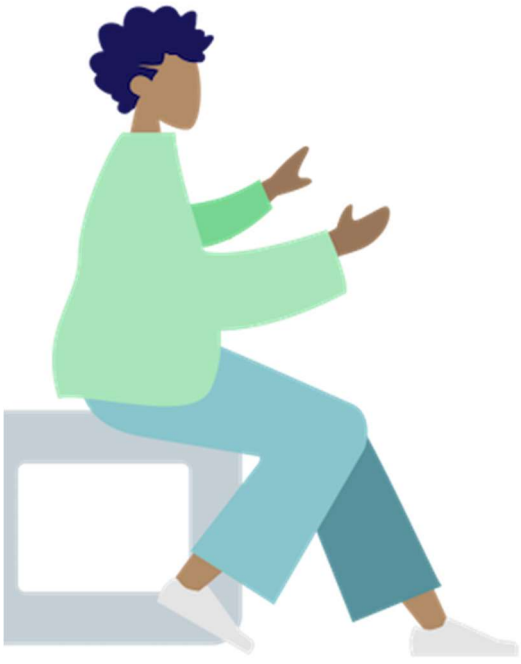
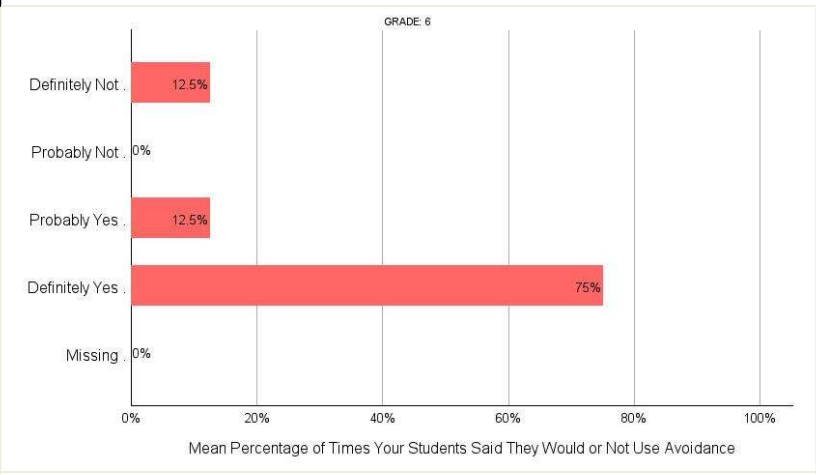
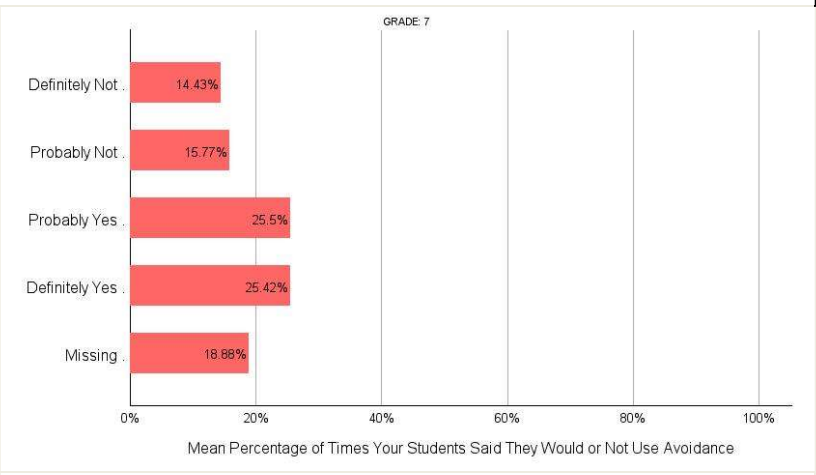


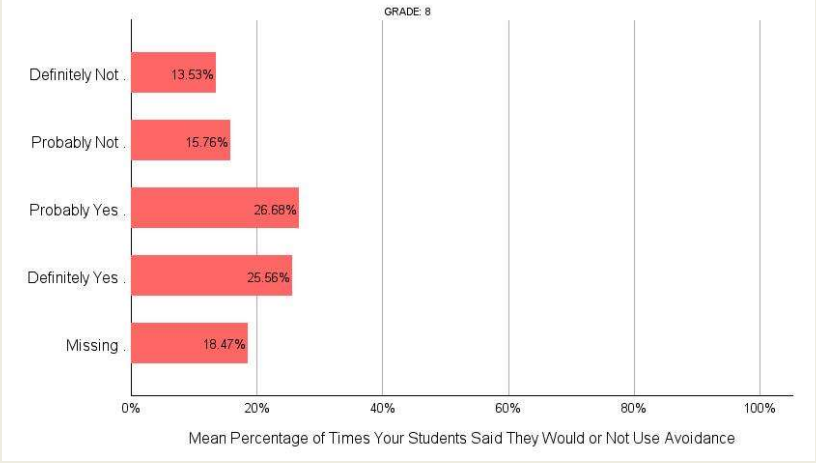


Response Distribution by Grade

Avoidance / Escape

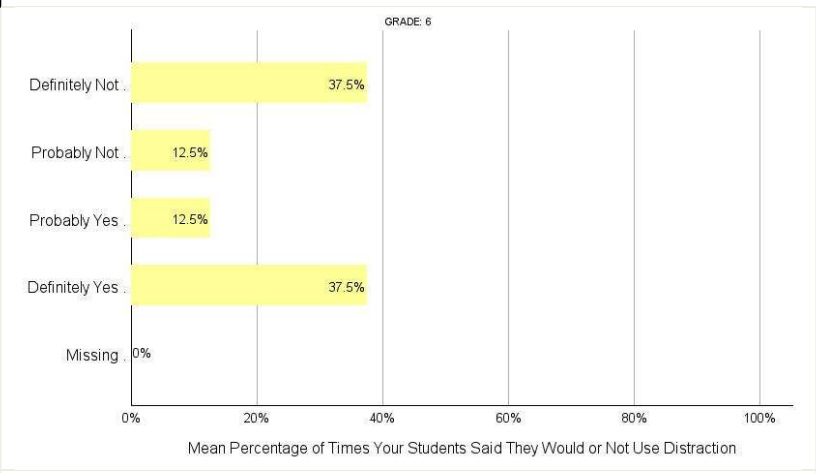


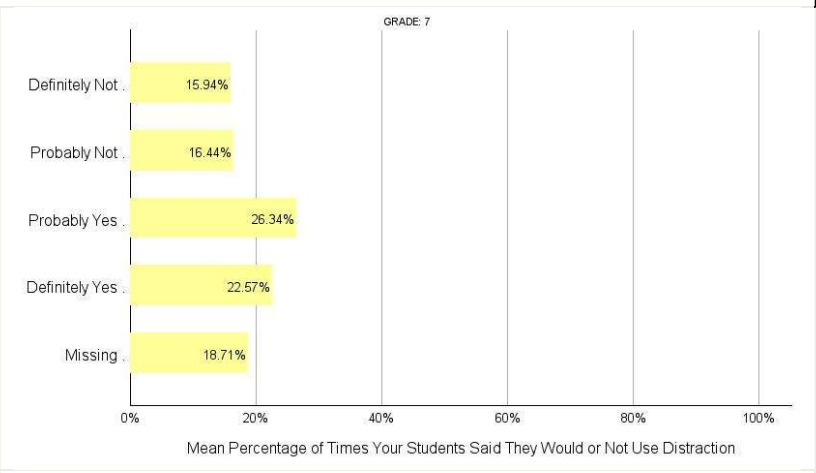


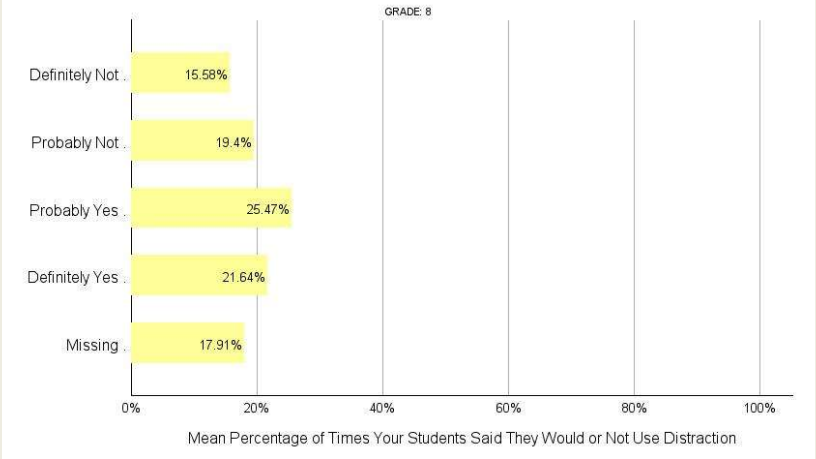


Response Distribution by Grade

Distraction

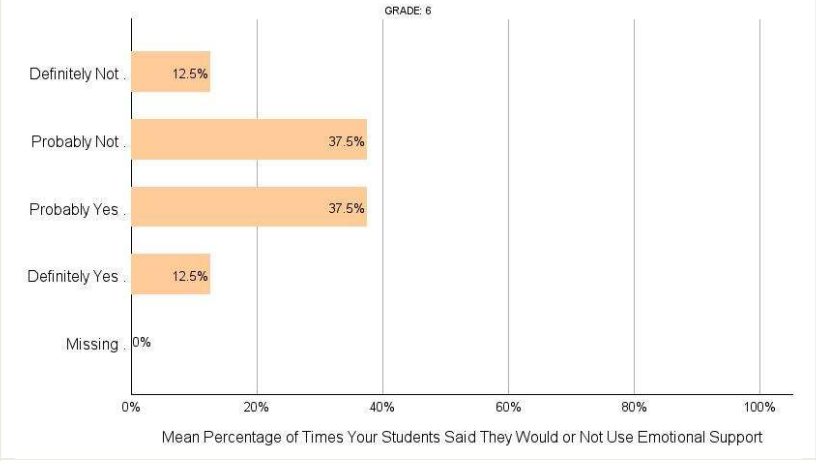


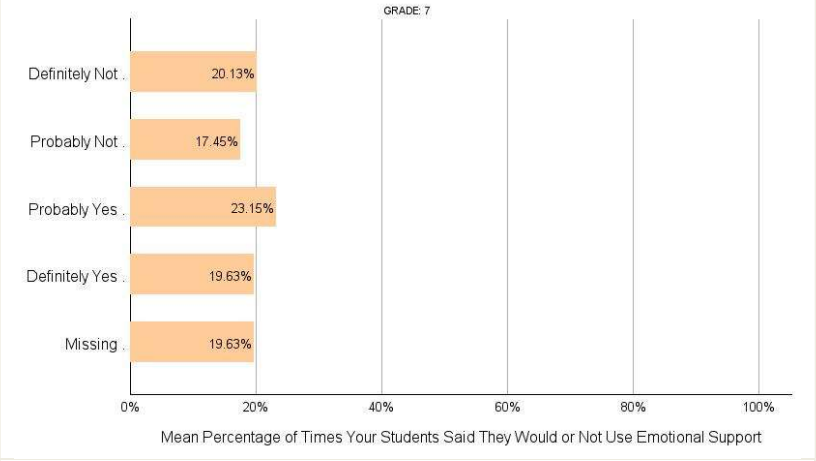


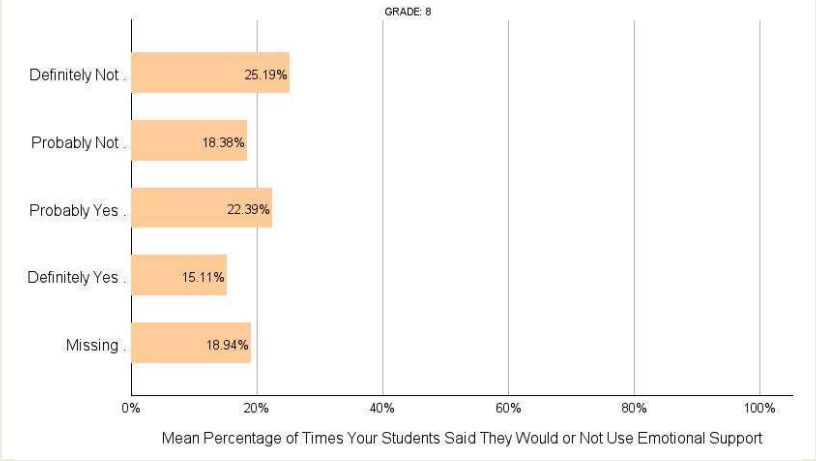


Response Distribution by Grade

Emotional Support-Seeking

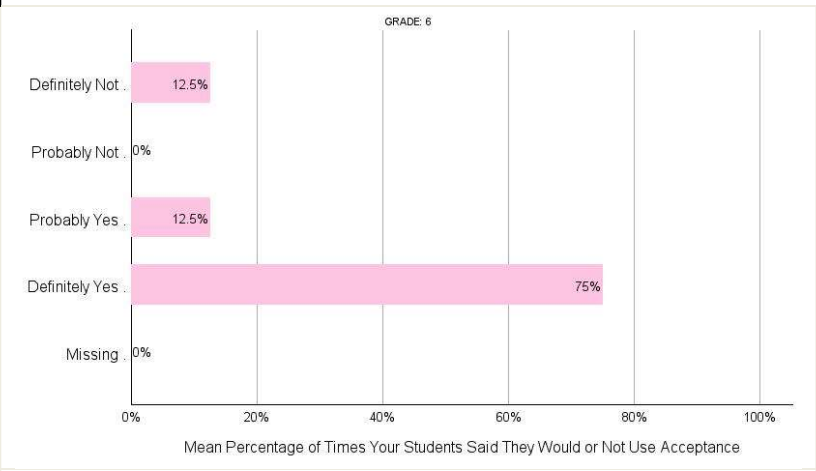


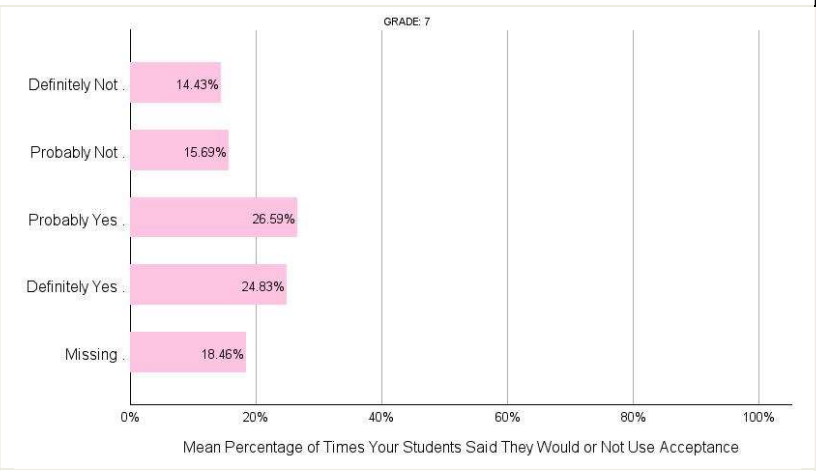


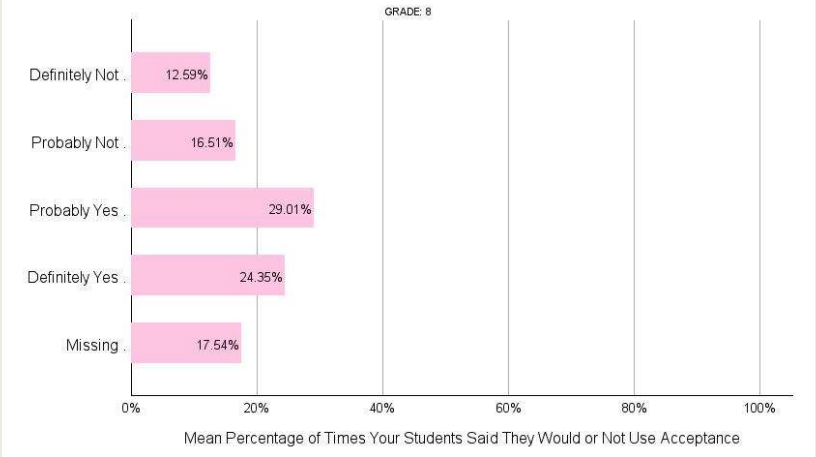


Response Distribution by Grade

Acceptance

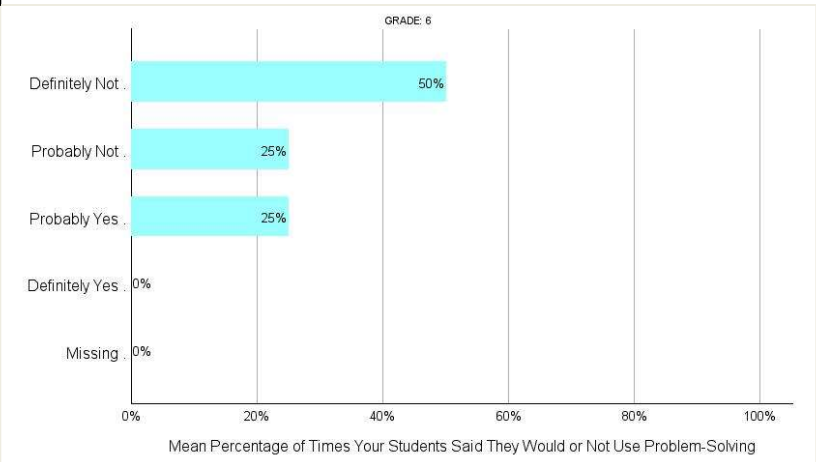


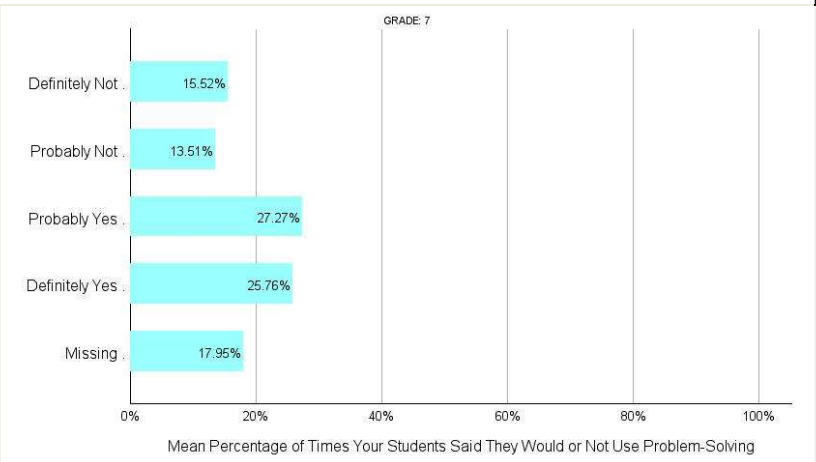


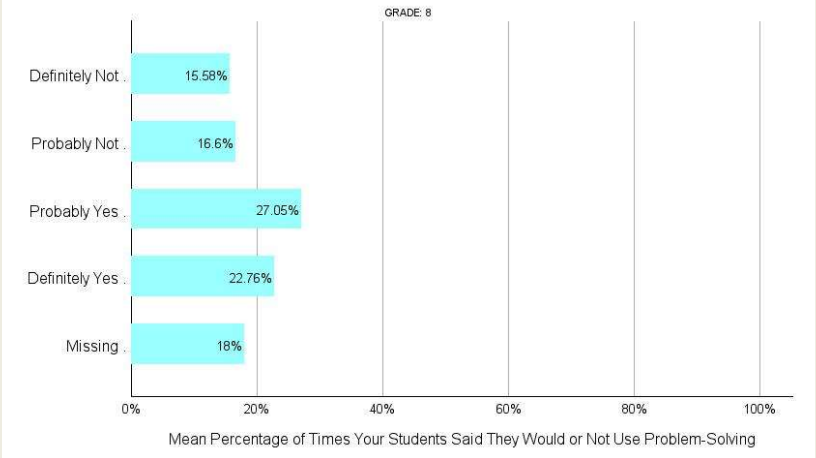


Response Distribution by Grade

Problem-Solving

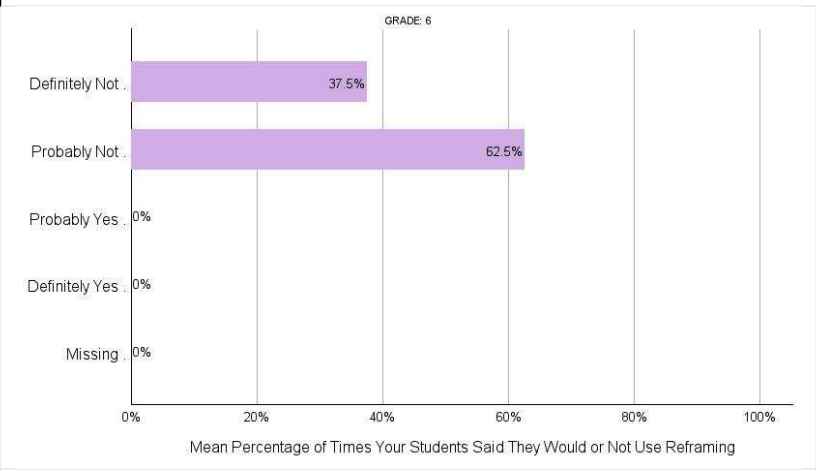


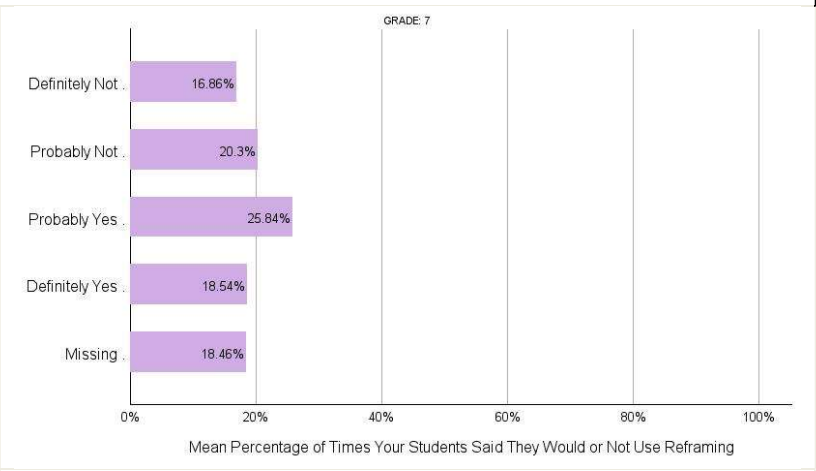


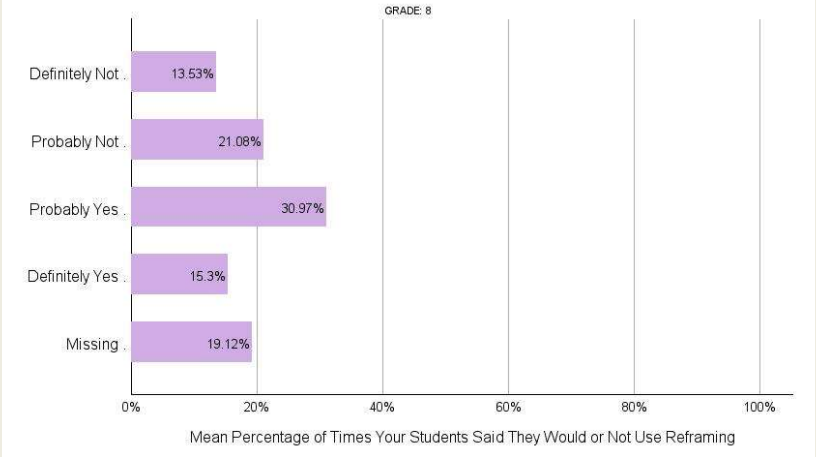


Response Distribution by Grade

Reframing

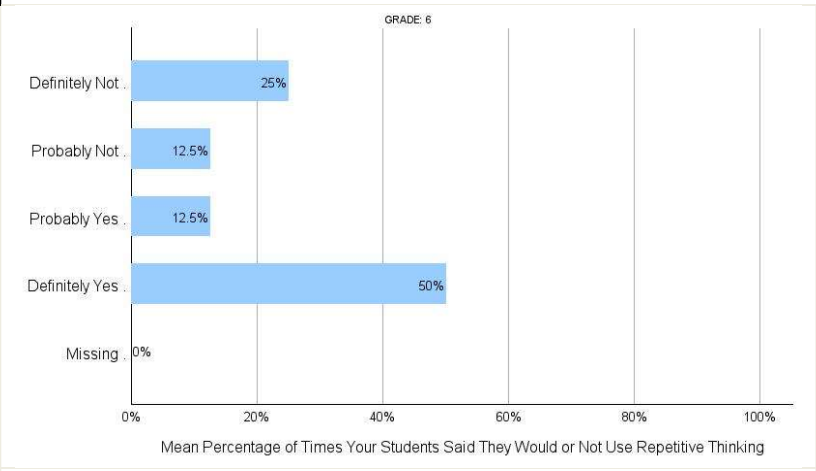


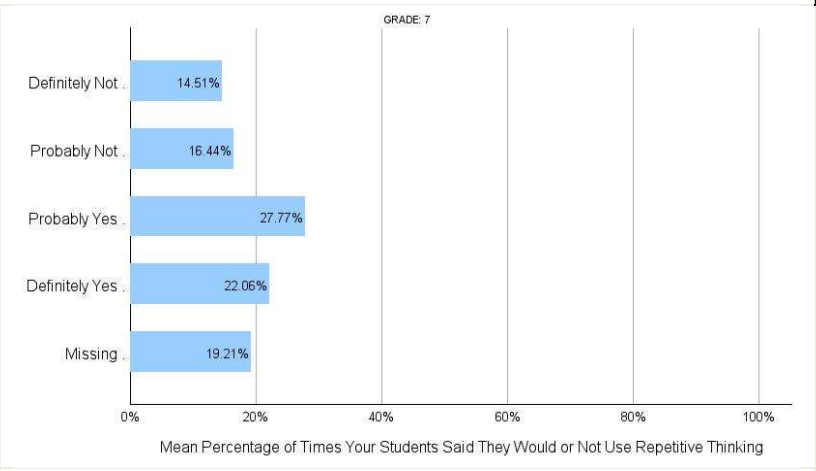


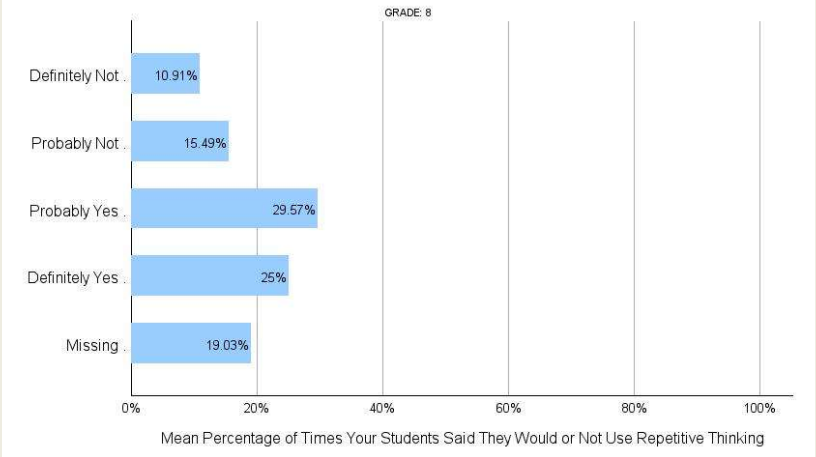


Response Distribution by Grade

Repetitive Thinking

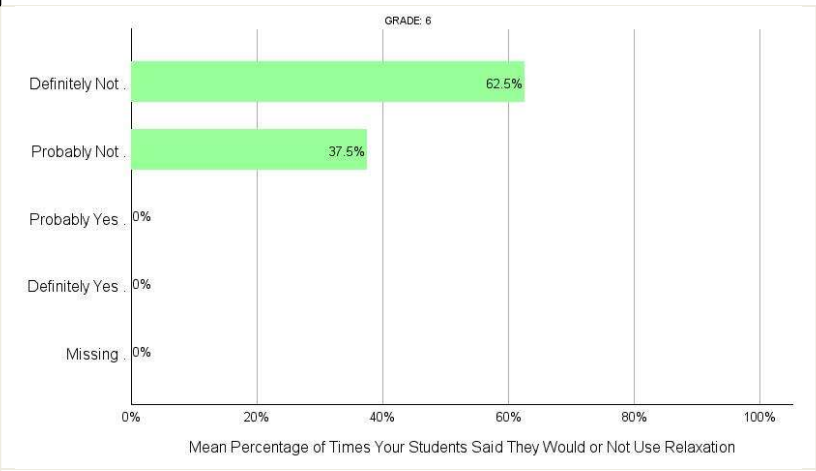


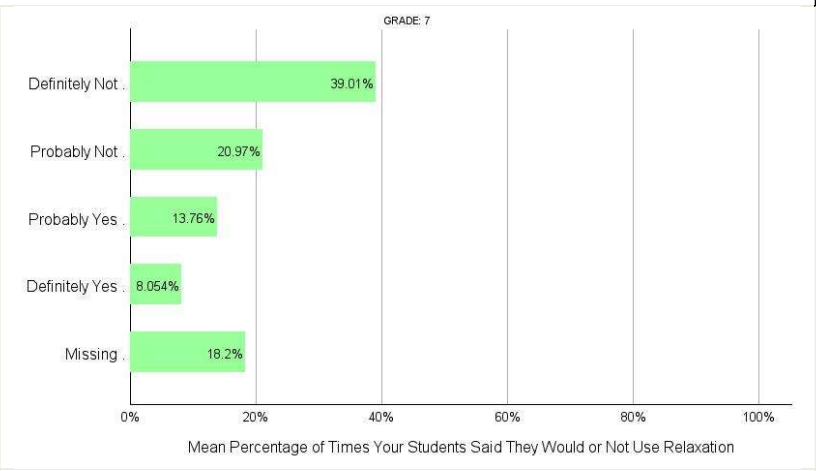


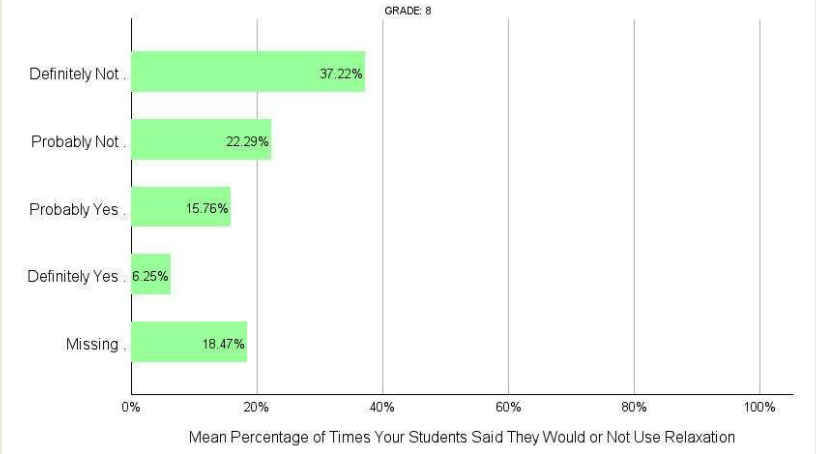


Response Distribution by Grade

Somatic Relaxation

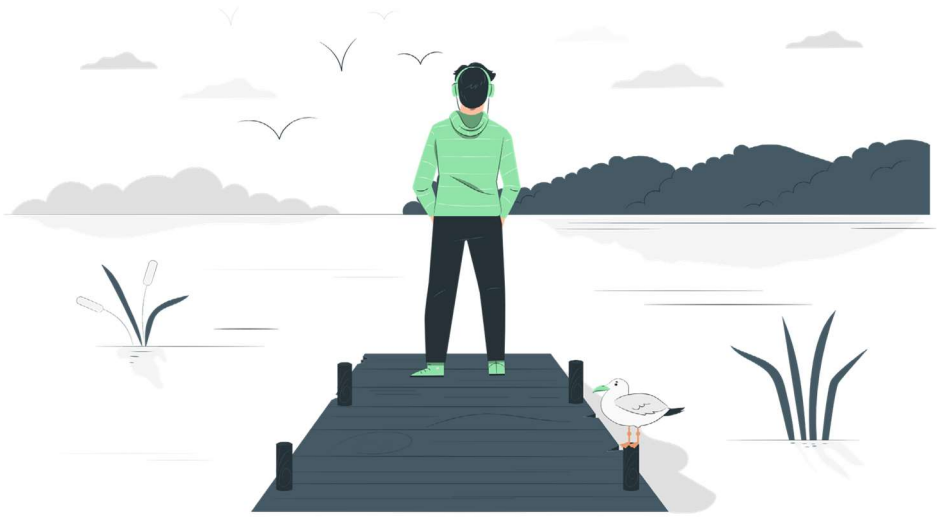






Reflection Questions

- What are 3 things you found interesting about the school data report?

- What are 2 things you want to know more about after looking at the school data report?

- What is 1 thing you want to do right now as a result of the school data report?