

RULER Spotlight School Program

Frequently Asked Questions

What is the RULER Spotlight School program?

The RULER Spotlight School program recognizes national and international schools that have successfully integrated RULER principles, skills, and tools into their culture, school-community wide. These schools have garnered support of their school communities and are ready to help other schools deepen RULER implementation by sharing their stories and practices through webinars, newsletters and opening their building doors to other schools.

How does our school apply?

All applications must be submitted online. Please review the word version of the application first. Application responses should provide examples and data that speak to your school's successful implementation of RULER. We are looking for schools with stories about experiences that will help other schools create more emotionally intelligent school communities. Your school must also have an active training/implementation or subscription package. If this sounds like your school, submit your application by May 7th.

What are the benefits of becoming a Spotlight School?

Spotlight Schools have access to a range of benefits, including public recognition for their efforts to promote emotional intelligence, opportunities to network with fellow Spotlight Schools, and the ability to share their learnings and best practices with the broader RULER community through webinars and newsletter features. They also collaborate with researchers and practitioners at the Yale Center for Emotional Intelligence, contribute to RULER resources currently under development, and open their doors to showcase their school's success to other schools. Additionally, Spotlight Schools receive a complimentary RULER subscription while actively serving in the program.

Who can apply?

Any member of your school community can submit an application. We do ask that your school administrator approves the application prior to submission.

When is the application deadline?

The application window closes at 12pm EST on May 7, 2026.

Do videos we submit in our application need to be produced professionally?

We want to see RULER in action at your school. Feel free to use your cellphone or another device. Videos will be reviewed based on content and not production value.

How will the video submission be used?

The videos will be viewed internally by the Yale Center for Emotional Intelligence staff and not shared publicly without your permission.

When will we find out if our school has been selected?

All applicants will be notified of their status in June 2026.

How long does Spotlight status last?

The spotlight designation lasts from June 2026 to June 2028.

How long will Spotlight Schools receive a complimentary RULER subscription?

The complimentary RULER subscription will last as long as your school actively participates in the Spotlight School program.

Can schools from outside the United States apply?

Yes! The program recognizes both national and international schools.

Who should I contact if I have additional questions?

For additional information, contact Tangular Irby at tangular.irby@yale.edu.
